

delicious.

SUPER SALADS

Raw slaw, prawn caesar, Vietnamese noodle bowl & more

EASY BEING GREEN

8 power breakfasts for a clean start

TRAVEL TALES

Tropical North Queensland's new dining scene, cooking in the Cotswolds and foodie adventure in China



ONE BOWL BAKING



SPRING CLEAN
Zucchini flower,
fennel, broad bean
& bresaola salad

THE NEW Meat & three veg

Substantial salads and lighter, brighter mains to steal the show



JAMIE OLIVER *Peas Sir, can I have some more?*

COLIN FASSNIDGE *Spring chicken*

BILLIE MCKAY *New MasterChef column*

PERSIAN PAVLOVA + MANGO & HAZELNUT MERINGUE + PEANUT BUTTER & JELLY LOAF CAKE

INSIDER.



MUST-HAVE

WHIZ KID

If its stylish, workhorse stand mixers are anything to go by, the new KITCHENAID Magnetic Drive Blender is destined to become another cook's essential. \$999. From major retailers



best in SHOW

We're firing up our ovens, whipping out our stand mixers and polishing our cake forks – yes, **THE GREAT AUSTRALIAN BAKE OFF** is here! Judges culinary icon Maggie Beer and chef Matt Moran, have tasted their way through biscuits, cakes and pies all in the name of crowning Australia's best baker. "People are really going to enjoy this series," says Matt. "They'll learn so much about baking and pick up lots of tips." "The bakers showed amazing creativity and the show stoppers were unbelievable," adds Maggie. So what were some of the stand out bakes? "You'll have to wait and see," says Matt. *The Great Australian Bake Off premieres October 13 at 8.30pm on Foxtel's LifeStyle FOOD Channel. For the full interview, head to delicious.com.au.*



Make a statement with this matte black Barber & Osgerby Pipe Vase from ROYAL DOULTON – with or without flowers. \$249. royal.doulton.com.au

DIARY DATE

The Great Australian Bake Off judges @chefmattmoran and @maggie_beer will be plying our Instagram with cakes, tarts and more. Follow @deliciousAUS on October 7 for the ultimate cake show!

NEW IN



Own a piece of history (and one of just 90 in Australia) with a LE CREUSET 90th Anniversary Celebration Cocotte. \$599. lecreuset.com.au

Move over sea salt, orange, and chilli. The new LINDT Excellence Arabica Intense dark chocolate infused with robust coffee is our pick. \$3.99 (100g). lindt.com



Top-notch ready-to-go Asian master stock by MOREDOUGH KITCHENS? Hello five-minute pho! \$6.95 (500ml). rawmaterials.com.au

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